



Family Communication and Action Plan

After a disaster your family should be prepared to be on your own for at least three days. Have a family meeting to plan how you will contact one another in an emergency and review what you will do in different situations.

Your safety and security tomorrow depends on your knowledge and preparation today

Follow these simple steps to create your family communication and action plan:

1. Contact your local emergency management office or the American Red Cross. They will give you maps and information on disasters that could affect your area.
2. Know the location of the nearest police and fire stations. Ask about your community's warning signals, what they sound like and what you should do when you hear them.
3. Plan an escape route from every room in your house, and two from the house. Plan a meeting place near your home and another outside your neighborhood in case of evacuation.
4. Establish an out of area contact who family members can contact if separated, often times long distance service is restored more quickly than local.
5. Be sure to fill out your **Family Contact Cards** and carry them with you!
6. Fill out this form and keep a copy near your phone and one in your **Emergency Preparedness Kit**.

In case of an emergency, grab your kit, tune in your radio for emergency information and carefully follow the instructions of authorities to stay or evacuate your area.

Out-of-State Contact Name:

Phone #: _____ email: _____

Fill out the following information for each member of your family and keep it up to date:

Name: _____
DOB: _____
Important Medical Information: _____ _____
Name: _____
DOB: _____
Important Medical Information: _____ _____

Name: _____
DOB: _____
Important Medical Information: _____ _____
Name: _____
DOB: _____
Important Medical Information: _____ _____

Where to go in an emergency. Write down where your family spends the most time: work, school and other places you frequent. Schools, daycare, workplaces and apartment buildings should all have site-specific emergency plans.

Home Address: _____
Phone #: _____
Evacuation Location: _____
School Address: _____
Phone #: _____
Evacuation Location: _____
School Address: _____
Phone #: _____
Evacuation Location: _____

Work Address: _____
Phone #: _____
Evacuation Location: _____
Work Address: _____
Phone #: _____
Evacuation Location: _____
Places You Frequent Address: _____
Phone #: _____
Evacuation Location: _____